



# Directions

Disability Support Services

— for individuals & families —

## MEMBERS' NEWSLETTER JUNE 2016

Welcome to all our new members who have joined since the last newsletter in March. This month we will be sending the newsletter to all the people and families that we support to encourage more families to join us. With our Annual General Meeting (AGM) coming up in October now is the time to apply for membership if you have not already done so, and have the opportunity to nominate and vote for who you would like to be on the Board of Directions, including putting your own name forward if you would like to be more involved.

### ART EXHIBITION

Directions is delighted to be holding an Art Exhibition in October and November with art pieces created by the people that we support, their families, our staff and friends. The official opening of the Art Exhibition by our Patron Tony Buti will be attended by both the Minister and Shadow Minister for Disability Services. The ceremony will follow on from our Annual General Meeting in October. Invitations will be sent out nearer the time, but here are the details to save the date.

**Date:** Thursday 27 October 2016 at 5pm – 7pm **Venue:** Genesis in the Hills, 124 Croyden Road, Roleystone

After the AGM and Official Opening, the exhibition will run for a month. Artwork can be viewed during Genesis' opening hours: Thursday 10.30am-5pm, Friday 8.30am-5pm, Saturday 8.30am-5pm and Sunday 8.30am-5pm.

Do you have anything that you would like to exhibit? All contributions are very welcome! Please get in touch with Stephanie Aylemore 9262 4900 [stephanie.aylmore@directions.asn.au](mailto:stephanie.aylmore@directions.asn.au) if you would like to discuss your art or photography or sculptures or installations or anything else you think would work well at our exhibition!

We would like to invite you to be a part of the Art Exhibition by joining local artist Chris Cairns in creating mosaics.



Chris Cairns

Chris has offered to conduct a series of four mosaic workshops specifically for the families and carers of the people we support. This will be an opportunity for family members and carers to meet up with other families who are supported by Directions in a relaxed, friendly and creative environment. As you can see by the photos of some of Chris' work below, some truly beautiful art can be created using mosaic.

The series of workshops will be held every Monday in August (except 1 August)

**Dates:** 8 August, 15 August, 22 August, and 29 August

**Time:** 10.00am – 2.00pm

**Venue:** Directions, 12 Blackburn Street, Maddington

Please ring Tania on 9262 4900 if you would like to attend, or if you would like to find out more.



## ART EXHIBITION continued

In addition to the Mosaic workshops for families and carers, we are also running workshops for individuals so that everyone we support has the opportunity to contribute to the exhibition.

### Directions Art Group

We are running an Art Group every second Tuesday at the Blackburn Street office from 10am - 11am.

The dates are:	5 July	2 August	13 September	4 October
	19 July	16 August	27 September	11 October
		30 August		

The idea is to create beautiful art pieces on small hexagon shapes on the themes of: *Family, Friends and People who Support Me; Fun and Happiness; and The Future*. When everyone has created their hexagons we will then assemble them in to a big art piece.

### Textile Workshop with Trudi Pollard

As mentioned in the last newsletter, local artist Trudi Pollard is running a two-day workshop involving fabrics and natural dyes to create a wall-hanging. If you think your loved one would like to participate, please do not hesitate to contact us on 9262 4900 and we will provide you with more information.

We are also in the process of identifying talented people that could contribute at the Official Opening. Some people that we support will be assisting with the music, and with the catering. If you or your family would like to be involved, please let us know.

## VOLUNTEERING

Since our Volunteer Coordinator, Tania Crosetta, joined us in April we have started to build up our volunteer numbers at our office in Blackburn Street, Maddington. We have some very enthusiastic young women who provide administration support; an Occupational Therapist on an internship; and we are hoping that a Volunteer Driver will soon be starting with us. We are still looking for more Volunteer Drivers, we would welcome more support in the office too, and if people would like to come and help us maintain our beautiful garden beds and lawns it would be fantastic. If you are interested in volunteering, or know someone who might like to come and join the team, please contact Tania on 9262 4900.



Tania Crosetta

## JOY MARTIN

Joy Martin was a long standing board member with Directions who was person-centred, creative, and always approached problems with a positive attitude and innovative ideas. Joy passed away in 2009 and we commemorate her connection with Directions by sharing stories about staff who demonstrate these qualities.



Leah has been supporting Mona to do the things she really loves in life, like spend some time outdoors caring for the chooks, as the photo shows. Mona's mum, Mahin, told us:

"Mona just loves Leah, she is absolutely wonderful with her. Leah really knows what she's doing. She is so calm and has a lovely quiet temperament which really suits Mona. Leah never fails to come prepared with an abundance of activities and is always ready to change them if required. I am so happy with Leah!"



Bridget is a young lady who has just started being supported Directions. Bridget is pictured (right) with her support worker Lily (left). Bridget and her Mother Jayne are really happy with Lily who is supporting Bridget in the gym, motivating and encouraging her to step up into her Gym routines and keep focused. Jayne says:

"We are so lucky to have Lily. She is so professional and always well organised and punctual. Lily is brilliant, we love her!"

If you would like to send in a story about your support worker or coordinator, we would love to hear from you.

**BUILDING RELATIONSHIPS THAT MAKE THE DIFFERENCE**